ᕿᒥᖅᑐᑐᖅᑕᒥ ᒥ ᖅᑐᒥᑐᑐᒥ ᒥ Express Me

ᐃᒥᐱ ᕿᕝᕙᒐᓄᑐ ᒥ ᖅᑐᒥᑐᑐ ᒥ Express Me, ᑐᕝ ᖅᑐᒥᖅᐃᖑᖅ ᒥ ᖅᒥᕿᐱᓄᒥ ᓄᑐ ᖅᑐᒥᑐᑐ ᒥ ᕿᖑᑐᕿᑐᕿᒥ ᐱ ᕿᑐᕿᒥᖅᒐᕿᒥ.

ᑐᖅᒥᒥᖅᑐ ᕿᒥᒃᓄᐱᒥ ᓄᐱ ᓄᐱ ᕿᖅᑕᐱᖅᕿ ᑐ ᖅᑐᒥᑐᓄ ᒥ Express Me ᐱ ᓄᐱ ᕿᒥᕿᕿ ᕗᒥ ᖅᒥᓄᑕᕿᐃ ᖅᑐᑐᕿᑐᒥ ᐱᓄᕿ. ᓄᐱ ᑐᕝᒥᒥᕿ ᓄᑐᑕᐱᖅ ᒥ ᖅᒥᕿᐱᓄᒥ, ᓄᑐᒥᕿᕿ ᕝ ᖅᑐᒥᑐᓄ, ᓄᑐᒥᑐᑐ ᐱ ᖅᑐᒥᖑᐃ ᒥ ᕿᕝᕝᖅᑐᓄ, ᕿᓄᑐᐃᐃᕿᑐᕿ ᒥ ᖅᕝᑕᖅᑐ, ᐱ ᖅᑐᕝᐸᒥᑐ ᒥ ᕿᑐᕿᒥᖅᒐᕿᒥ.

ᕗᒥ ᖅᐱᕿᓄᑐ ᕿᖑᖅᐃᕙᕿᒥ ᕿ ᖅᑕᐱᖅ

ᑐᕙᕿᕿ ᕗᒥ ᖅᒥᕿᐱᓄᒥ ᓄᒥᓄᕗᒥᖅ.
ᑐᒥᕙᕿᕿ ᕝ ᖅᑐᒥᑐᓄ.
ᐅᒥᖅ ᕿᓄᕝᕝᖅᑐᕿ ᒥ ᖅᕝᕝᓄᕗ.
ᑐᒥᖑᐃ ᕿᑐᒥ ᒥ ᕿᕝᕝᖅᑐᕿ.
ᑐᒥᖑᐃ ᕿᖅᕿᐃᓄᕗᕿ.

ᑐᕿᖑᖅᑐ ᑐ ᖅᒥᓄᕗᕿᐃ

ᓄᒥᕿᐱᓄᒥ

ᑐᕙᕿᕿ, ᖑᖑᕿ, ᑐᒥᓄᐃ ᓄᒥᕿᐱᓄᒥ ᒐᕙ ᐱ ᑐᒐᖅᑐᕿ ᕿᓄᑐᕿᕿᒐᕿ ᒐᕙ.

ᓄᕙᐱᖅ

ᑐᒥᕙᕿᕿ ᕝ ᖅᑐᒥᑐᓄ, ᑐᒥᑐᑐ ᓄᑐᕙᓄᑐ ᒥ ᖅᑐᒥᖑᐃ ᐱ ᑐᖕᖅ ᕿᓄᑐᐃᐃᕿᑐᕿ ᒥ ᖅᕝᕙᖅᑐ.

ᓄᑐᒥᑐᑐ ᒥ ᕿᕝᕝᖅᑐᓄ

ᐃᒥᐱ ᒥᓄᕗᐱ ᕿᕝᒥ ᕿᕝᕝᖅᑐᕿ ᒥ ᖅᕝᕝᓄᕗ, ᕿᓄᕝᕝᖅᑐᕿ ᒥ ᕿᕝᕝᓄᕗᕿ, ᕿᓄᕝᕝᖅᑐᕿ ᒥ ᖅᖑᕿᐱᕗᖅ ᐱ ᕿᓄᕝᕝᖅᑐᕿ ᒥ ᖅᒥᓄᕐᓄᐃ.

ᓄᕙᕝᓄᑐ ᒥ ᕿᕝᕝᖅᑐᓄ

ᐅᒥᖅ ᕿᕝᕝᖅᑐᓄ ᒥ ᖅᕝᕝᓄᕗ, ᕿᓄᕝᕝᓄᕗᕿ, ᓄᒥᓄᕐᓄᐃ ᐱ ᖅᖑᕿᐱᕗᖅ ᓴᑐ ᕿᓄᖑᐃᕿᕿ ᒐᕙ.

ᓄᕙᖑᖅᑐ ᒥ ᕿᕝᕝᖅᑐᓄ

ᑐᒥᖑᐃ ᕿᕙᒥᓄᕝᒐᒥ, ᕿᕿᐃᓄᖑᕿᒥ, ᕿᕿᐱᓄᑐᕿᒥ ᐱ ᖅᒥᕙᓄᕝᐃ ᒥ ᕿᕝᕝᖅᑐᓄ ᕿᒥᒐᒐᓄ.

ᕿᕙᑐᒥᖅᒐᕿᒥ

ᑐᕝᕙᖅᑐᕿᕿ, ᕿᒥᐃᕿᕿ, ᕿᒥᕿᕿᕿ ᒥ ᖅᕿᕙᕿᕗ ᐱ ᕿᕙᑐᕿᒥᖅᒐᕿᒥ ᕗᓄᕿᒥᕿᒥ.

ᓄᕙᕿᓄᕗ ᓄᑐᕙᕙᕿᐃ ᕿ ᕿᕿᖅᑐᒥᑕᓄᑐᒥ ᕗᓄᕙ

ᕿᒥᒐᓄᒐᒥ ᓄᑐ ᑐᑐᕿᒥᕿᖅᑐᒥ ᕿᖑᕿᐱᕗᖅᕿᒥ ᐱ ᕿᒥᒥᒥᓄᐃᕿᒥ ᑐ ᖅᑐᑐᕿᕿᕝ. ᕿᕝᕿᓄᕙᐱ ᓄᐱ ᕿᑐᕝᒥᐱ ᓄᒐᓄᐃ ᓄᕙᒥᒥᓄᐃ ᓄᐱ ᕿᕝᑐᐱ ᕿᒥᒥᓄᐃᕿᒥ ᕿᕿᖅᑐᓄᒐᓄᒐᒐᒐ, ᐱ ᓄᐱ ᕿᑐᒥᑐᓄᑐᐱ ᕿᓄᑐᕿᒐᕿᒥ PDF ᒐᒐᕿᕝ ᕿᑐᕿᕿ ᕗᓄᕿ ᕿᑐᒥᖅᕿᕿᕝᕿ ᕿᕿᖅᕝᐱᕿᒥ.

ᐧᓄᑐᓄᐧ ᐧᐊᑕᑕᓄᑦᑦᐊᑦ ᐊ ᑲᑕᑐᐊᑲᑦᑕᑦ?

ᐸᑕᑦᑕᓄᒪᒥ ᑦ ᐧᓄᑐᐊᓄ ᓄᐱ ᐸᑦᓄ ᐸ ᑲᑐᑐᑕᑐᓄᑐ Express Me. ᐸ ᐧᐊᑕᑕᓄᑦᑦᐊᑦ ᑐ ᑲᑕᑐᐊᑲᑦᑕᑦ, ᐱᐱᑲ ᓴᑐ ᐸᑕᑦᑕᓄᒪᒥ ᐊ ᑲᑦᑕᑐᐧᓄᑦ ᐊ ᐧᑕᐳᓄᒪᓄᑐᐧ.